

Week One:

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Scones -Margarine -Jam -Marmite Dried Fruit	Yoghurt and fruit -Yoghurt -Fresh fruit	Toast & Milk -Bread -Margarine -Jam -Vegemite -Honey Glass Milk	Crumpets -Honey -Marmite -Jam	Cheese & Marmite Soldiers & Fresh Fruit
Lunch	Macaroni Cheese with Egg -Pasta -Cheese -Milk -Egg -Corn	Salad Sandwiches -Bread -Cheese -Carrot -Cucumber -Tomato -Lettuce -Mayonaise -Ham/chicken	Cottage Pie & Bread -Mince -Potato -Cheese -Peas -Corn -Carrots Bread & margarine	Chicken Rice Risotto -Chicken -Rice -Peas -Carrots -Corn	Tuna Pasta Bake -Tuna -Pasta -Silverbeet -Tomato
Afternoon Tea	French Bread Sticks -Marmite -Cheese -Tomato -Margarine	Fruit Muffins -Varying types of fruit muffins	Shredded chicken & Vegie Platter with Crackers -Hummus -Crackers -Cucumber -Tomato -Celery -Cheese -Chicken	Baking -Varying types of fresh baking Fruit	Pin Wheel Scones Fruit